

## Where does your food come from?

When you visited Ross Farm Museum you may have helped George or Walter or Matthew look after animals in the barn. You may have milked the cow, fed the pigs, watched the horses or oxen pull a wagon, felt the fleece on the sheep's back or collected eggs from the chickens. The farm animals provided many things for the farm family in the mid 1800s. In what ways do we continue to use animals in the same way as these early farmers and in what ways do we differ? As part of our lessons on **continuity and change** let's try this exercise that might show us.

First let's remember what animals provided for the Ross family when they lived on what is now Ross Farm Museum and let's see what animals provide for your family today.

Ross Farm Museum (Then)	In my Life (Today)
	Which animals provide food?
	Which animals provide transportation?
	Which animals provide clothing?
	Which animals provide income for the family?
	What care do people provide for animals?
	What animals do you meet in your daily life?

Circle in **red** those things that are the **same**. What do you notice? Write your observations here.

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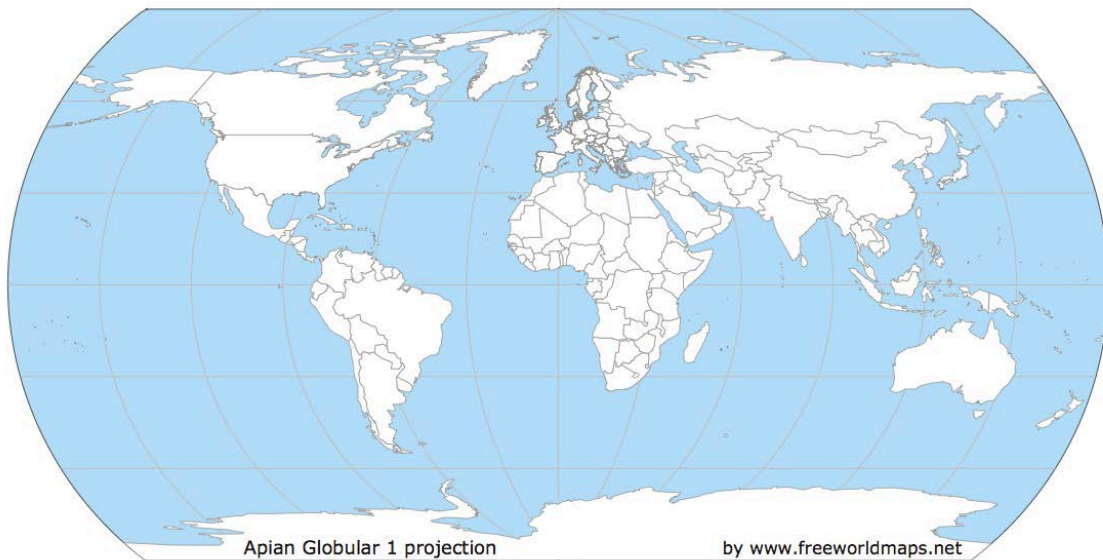
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### So where does your food come from today?

In days gone by family farms provided everything the farm family needed. What about you? Where does your food come from? For this activity you will need the food flyers that stores send to your homes like the ones from Sobey's, Super Store, Wal-Mart, Bulk Barn, Foodland, Save Easy or any other major food chain. List in the chart the food you ate for breakfast, snack, lunch or dinner, after school, and supper over one or two days. Do remember the beverages you drank as well.

Breakfast	
Snack	
Dinner/Lunch	
After school	
Beverages	
Other foods	

Now, find those foods in the flyers and see where the food came from. Is the orange from Florida? Was the milk from Nova Scotia? Locate the place where your food came from on the map below and colour that country. Do ask others for help if you are not sure.



How has the way we get food **changed** from the ways the Ross family got food?